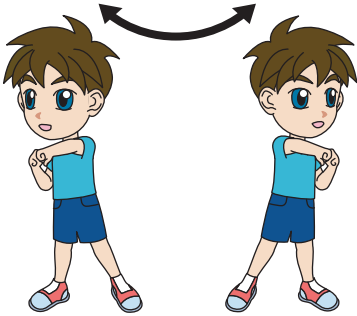
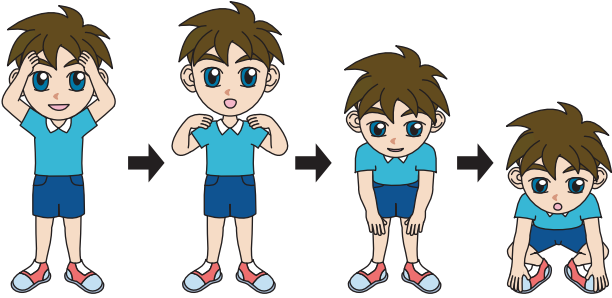
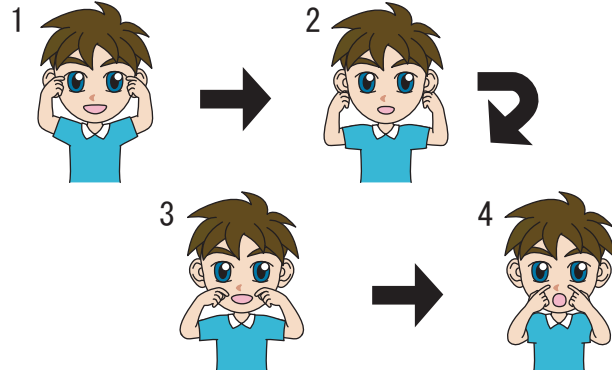
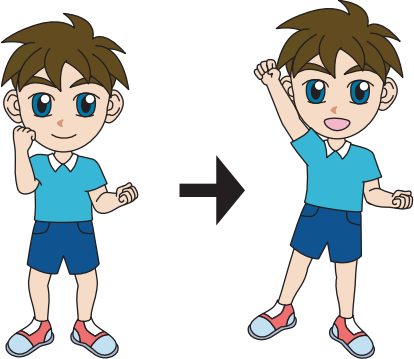
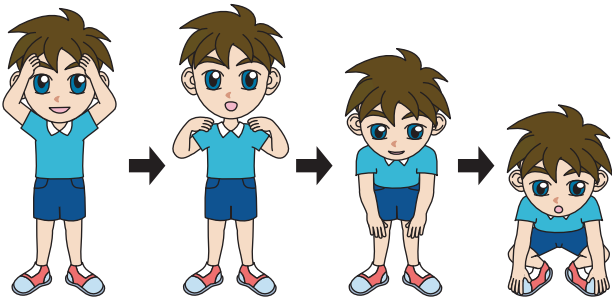


HEAD, SHOULDERS, KNEES AND TOES

	<p>1. 前奏</p> <p>右や左に向きながら両腕を前後に揺らす。</p>
	<p>2. Head, shoulders, knees and toes, knees and toes. Head, shoulders, knees and toes, knees and toes and</p> <p>頭、肩、膝、つま先の順に手で各部を触る。 (膝、つま先は歌の通り2回つつ触る。)</p>
	<p>3. Eyes and ears and mouth and nose.</p> <p>目、耳、口、鼻の各部を触る、 もしくは指で指し示す。</p>
	<p>4. Oh!</p> <p>右の拳を上に出す。</p>
	<p>5. Head, shoulders , knees, and toes, knees and toes.</p> <p>2と同じ。</p> <p>※2番も同じことをくり返す。 ただし1番よりテンポがあがります。</p>